

Millom School

In the News



Summer Term 2025

A message from the Chair of Governors, Elsa Mason

It's the end of the summer term and another academic year is over – where does the time go? It's certainly been packed with activities, opportunities and achievements across all the year groups. Watching the students develop as they have explored the variety of enrichment activities and seeing the students benefitting from school charity MORE has been fantastic.

No doubt if you have been following the school Facebook page, you will have seen some of the significant success our students have had in their activities within and outside of school, countywide, national and international. It is inspiring and humbling to see them flourish and develop habits, skills and confidence that will support them as they go through life.

In the following pages, I hope you enjoy reading about the great things that have been going on and take pleasure in seeing the remarkable skills and achievements of our students, and the talents of our staff in supporting their growth and development. Millom School and it's students certainly strive to be the best they can be across all aspects of their lives.

I wish all our year 11's and 13's all the very best in their next steps and trust that Millom School has given them a great foundation and springboard to continue to thrive.

My sincere thanks go to all the staff for the positive culture they create to support our students, and to the students for the significant effort and energy they put into their time at school.

Wishing you a restful and fun summer break



A message from the Headteacher, Mr Savidge

This year has finished with a bang- lots of activities have been taking place including trips to Muncaster Castle, Furness Abbey, the sixth form trip to London for university visits, Duke of Edinburgh Award bronze and silver expeditions, Year 5 and 6 transition visits and the summer concert. These trips, in addition to our brilliant enrichment programme, give our students experiences which help their development into wonderful young people.

This newsletter provides you with some examples of the many activities which take place on a daily basis here. I would like to thank the staff for their continued hard work and dedication in providing these opportunities for our students. It is their commitment which meant that Year 11 and Year 13 were prepared so well for their exams. We were sorry to say goodbye to both year groups and I was impressed with their mature approach to the exam period. We look forward to celebrating their results with them in August.

We would normally be saying goodbye to staff at this point in the year but I am pleased to say that we have no staff leaving this time. You may be aware from stories in the media that recruiting staff is a real challenge for schools across the country and we are no exception. Despite our best efforts, we have had difficulty recruiting to vacancies in a few subjects during this year. However, I am really pleased to be able to tell you that our recruitment strategy for September has been incredibly successful and we will have a full complement of teaching staff for the new year.

One of our priorities this year has been "Ready to Learn as Every Lesson Counts" and I am delighted that the attendance of our students has continued to improve this year for the third year in a row and we have also seen a 25% increase in the number of positive points that students have earned this year. This is a mark of the attitude to school being shown by the students. We would like this positivity to continue into next year and so a letter is being sent home as a reminder about the standards of uniform which we expect from all of our students. This is being sent now as we know that parents will be buying items of uniform over the summer and we want to make sure that we have been clear about what items of uniform are acceptable. Thank you for the ongoing support of parents in making sure that the students get this right and in their role in improving the attendance and attitude to learning of our young people. Making the most of each lesson and each day in school is so vital to a child's education.

We will be celebrating the achievements of the term with students on Friday before we finish and I hope you have a great summer and thank you for all your support

A massive thank you to [MADE Training](#), who have been in school again today to work with students in year 10. Since November MADE have worked with our year 10 and 11 students, helping to prepare them for their exams, different revision techniques and getting them to think about their future, setting targets and shifting their focus. We are looking forward to working with MADE again in the next academic year on some new projects for our students.



"You have to be yourself when you are creating and cooking. You do what need to do and so it to the best of your ability." - Leah Chase

Year 10-12

Mitie Work Experience– Summer 2025

4th-15th August // Ages 15-17 // Whitehaven

This is more than just work experience. It's a chance for young people to:

- Gain real-world insight into careers across Mitie – from sustainability and tech to project management and social value
- Build confidence and develop new skills
- Work on a live project that gives back to the local community
- Present their work at the end of the programme
- Walk away with something meaningful for their CV or college/university applications

We're looking for students aged 15–17 with a positive attitude, curiosity to learn, and a passion for making a difference .

Spaces are limited – please help us spread the word and share with anyone you think might be interested or eligible.

Apply here: <https://forms.office.com/e/Gp1zG3KBJ4>



"Youth comes but once in a lifetime." - Henry Wadsworth Longfellow



Cumberland Youth Voice promotes the voices of young people in Cumberland, ensuring they know their rights and the choices available to them.

Cumberland Youth Council

We are a group of young people aged 11-18 yrs representing the voices of all children and young people living in Cumberland. We campaign on issues raised and voted for by young people across Cumberland through the national Make Your Mark campaign.

Unique Voices

We are a group for young people aged 11-25yrs who have Special Educational Needs and Disabilities in Cumberland. It is a safe place to have your voice heard. We are all supportive within the group. We came up with the name Unique Voices because nobody is the same.

CICC – Courage Influences Creative Change

We are a group who help Cared for young people aged 10-16 have their voice heard. Like a tag team, we help each other to share what we think should change. It also gives us a chance to meet new people and make new friends.

Chat 2 Change

We are a group for young people who are aged 16-25 yrs, representing the voice of all young people who are care experienced in Cumberland. Chat 2 Change allows you to express yourself whilst giving you the chance to meet people with similar shared experiences. We support each other without judgement, a step at a time to make changes for care experienced young people in Cumberland.



Youth.Voice@cumberland.gov.uk

Following successful taster sessions during the Easter break, Millom School 3G pitch is available for bookings! Please see the school website for details <https://millom.cumbria.sch.uk/.../artificial-pitch-calendar>

Well done to our U15 cricket team who beat Dowdales in the quarter finals of the county cup. Special mention to Oscar for his debut 100 and Jayden who scored 50.

U18's Netball

- Tuesdays

- 6PM - 7PM

- Millom Recreation Centre



“Action is the key foundational key to all success.”

- Pablo Picasso



DofE Bronze and Silver Practise Walk



Duke of Edinburgh Award

As part of the Duke of Edinburgh Award there are four sections to complete at Bronze and Silver level.

They involve helping the community/environment, becoming fitter, developing new skills, planning, training for and completing an expedition.

Millom students across Years 9&10 have been busy completing their volunteering, physical and skills section, these must be completed across a fixed period of time and evidenced.

They really endured the weather of torrential rain and thunderstorms!!

DoFE 2025



Enrichment



' I cannot express how important it is to believe that taking one tiny and possibly very uncomfortable step at a time can ultimately add up to great distance—Tig Notaro

Forestry Restoration Project



Students have been getting their hands dirty planting wildflowers and trees, setting up camera traps to watch birds and working with local farmers during their six sessions with Restoring Hardknott Forest project. Cameras set up have already caught red squirrels and roe deer, with Northern Monk's community development manager Edd Gallagher saying "Being able to make those incredible experiences available to students at Millom School, helping them spend time learning outside the classroom, engaging with nature and becoming invested in their surroundings, is a source of real pride and shows the best of what we hope the Faith in Futures foundation can achieve."

Year 11 Leavers



In June we said goodbye to our wonderful year 11 students. They have been a fantastic year group who have left lots of happy memories to cherish. We wish them all the best in their next chapters. Class of 2025 over and out!!



Athletes in years 8 10 competed in the Furness schools Championships with outstanding results, and a few PB's thrown in!

We have had a significant amount of lost property this term, can parents please ensure all uniform, coats and bags are labelled with their child's name so they can be returned.

"Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle. As with all matters of the heart, you'll know when you find it."

- Steve Jobs

London 2025

At the beginning of July sixth form took a trip to London. Whilst there they had university taster sessions, explored museums, went to a west end show and of course, went to Buckingham palace!



Year 12 Apprenticeship morning

A brilliant day on Tuesday for the year 12 apprenticeship morning. Students were able to take part in different workshops and engage with a range of employers and apprentices. Thank you to all involved.

- **Inspira**
- **BAE Systems**
- **University Hospitals of Morecambe Bay NHS Foundation Trust**
- **Gen2**
- **Department for Work and Pensions– DWP**
- **Shepleys**
- **British Army**
- **32 West**





Ecology Enrichment

The Ecology enrichment groups this Summer Term have had a fantastic time supporting the Restore Hardknott Forest project! We have planted native trees and removed non native ones, planted wildflowers, bashed bracken, studied owl pellets and set up trail cameras which caught a red squirrel! We even got to meet some pigs and hold some lambs we visited Troutal Farm where we learned all about nature friendly farming. The students have made a lasting positive impact on the local environment #wildlife

“Every day brings new choices.”

- Martha Beck



“If you can dream it, you can do it.”

- Walt Disney

Muncaster Castle Trip

Muncaster Castle

Years 7 and 8 had a brilliant time at Muncaster Castle. The group learned lots about the history of the castle on the informative castle tour, had fun watching the 'World of Owls' flying display then after lunch some orienteering.

Our students, as always, were really well behaved and a credit to our school.

Thank you to Muncaster Castle !



Furness Abbey

Our Year 10 Historians had a great day at Furness Abbey – they learned all about the history of the Abbey, took part in a treasure hunt for interesting facts and enjoyed



Summer Concert

What a fantastic summer concert we had this term. Our students were unbelievable, with performances from 6th form to year 7. A big shout out to the first time performers, it takes a lot of courage to get up on stage and they all did amazingly. Thank you to the returning year 11s who rocked out the finale! Great to see the progress of all of our music students have made during their time with us.



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Students wishing to participate next year in paddle sports have already selected to do so, there are some spaces for new year 7s to get involved!!

New year 7 students will make their enrichment choices in September.



Millom School Music Concert

On the penultimate day of term, Millom School hosted its annual summer concert in the Alex Hall.

There was a wide variety of music performed by soloists, duets and ensembles.

Acts included, Isabelle W in Year 8 singing 'Popular' from Wicked, Hattie P in Year 7 performing ABBA's 'I have a dream' on the tenor horn and Jake P from Year 10 performing 'Smoke on the Water' on the guitar.

The concert ended with The Rock Band and Brass Band collaborating to perform 'Sweet Caroline' and Amy Winehouse's 'Valerie'.

Music teachers Mrs Gibbon would like to thank all staff who helped support the concert and thank parents/carers who encouraged students to prepare and perform to an audience.

Proceeds from the concert will go towards new equipment for the Music Department.

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#takepart #TakeResponsibility #music #musicconcert

"Wellness is the complete integration of body, mind and spirit—the realization that everything we do, think, feel and believe has an effect on our state of well-being."

- Greg Anderson

Self-care summer toolkit: Secondary and FE



The summer holidays can be a time to relax, recharge and take a break.

However, school and college staff can find it difficult to switch off during summer, while young people may struggle with the loss of structure and not seeing their friends every day.

It's important that you and your students look after their mental wellbeing during the break. The summer can also be a great time to develop good self-care habits, so that when term starts again, you have techniques you can turn to in stressful times.

This toolkit contains activities, teaching materials and guidance to help support and boost mental wellbeing over the summer and beyond.

It is divided into resources to use with students and staff.

Resources



Resources for pupils

[My self-care plan](#) - Anna Freud

A set of simple activities and a step-by-step guide to help young people create their own self-care plan.

[Self-care form time activities](#) - Public Health England

A series of activities for Key Stage 3 and 4, introducing them to a range of self-care techniques.

[Wellbeing activities: being kind to yourself](#) - British Red Cross

A set of activities from the British Red Cross to help students to be kind to themselves and look after their own wellbeing.

[Self-care resources](#) - Anna Freud

A collection of strategies and activities for young people to support them to boost and look after their mental wellbeing.

Resources for staff

[How to talk about and support young people with their wellbeing](#) - The Children's Society

A children and young person-led guide to support staff to discuss wellbeing with their pupils.

[Self-care summer: advice for education staff](#) - Anna Freud and Education Support

Guidance for education staff on looking after their mental wellbeing over the summer holidays and more broadly.

[Mental wellbeing audio guides](#) - NHS

A series of short audio guides which share professional advice for dealing with difficult feelings and improving your mental health and wellbeing.

[Online self-help tool](#) - Every Mind Matters

An action-planning tool to support people to manage stress and anxiety, boost mood and improve sleep quality.



Sign up to the
Mentally Healthy
Schools newsletter
for more resources



Anna Freud
Mentally Healthy Schools



Parent Communications: Please check your emails.

Please also check our Facebook page for notifications.

Please remember that all school policies and the school calendar is on our website.



Timings of the School Day

8:40am—Tutor Period & Registration

8:50am—Period 1

9:40am—Period 2

10:30am—Break

10:45am—Period 3

11:35am—Period 4

12:25pm—Lunch

(12:25pm—Yr 10&11)

(12:40pm—Yr 7&8)

12:55pm—(Yr 9)

13:10pm—KS3 Reading/Intervention & KS4 Tutor/Intervention

13:30pm—Period 5

14:20pm—Period 6

15:10pm—School Finishes

MRC Summer Camp

Please visit the Millom Recreation Centre website for more information on the MRC Summer Camp.

www.MillomRecreationCentre.co.uk

GOODBYE AND GOOD LUCK TO THE YEAR 11 AND 13 STUDENTS.

WE WISH YOU ALL THE VERY BEST FOR THE FUTURE.

URGENT REMINDER!

Products that contain nuts, including chocolate products such as Nutella, Dairy Milk etc. are NOT allowed on site.

Please check the ingredients of products before packing them for lunches etc. We have students with severe nut allergies.

School Reminders

To access Millom School's Main Reception, please use the main entrance at The Millom Hub.

The school phone line opens at 8:15am and closes at 16:00pm. Voicemails can be left before the line opens and after it closes.

If as a parent/carer you would like to make an appointment to see/speak to a member of staff. Please contact the school via telephone in order to do this.

If your child is absent from school, please remember to ring in your child's absence before 9:30am. A reason for absence needs to be given.

If your child is absent due to sickness or diarrhoea they need to be 48 hours clear from the last bout to be able to then come back into school.

Any medical appointments need to be made out of school time where possible. In order for us to authorise medical appointments please provide the school with a copy of the appointment card or letter, a picture or copy of this can be sent to school via email or given to your child to hand in to Reception where we will then take a copy of the document.

Holidays should not be taken in term time. All requests for time out of school should be addressed to Mr MD Savidge either via email, using the school email address or by letter.

Students should be wearing the correct uniform for school. Reminders with regards to uniform, hair and jewellery can be found on the school website and in the parent handbook.

We can accept forgotten packed lunches, money, books etc. but it is the responsibility of your child to collect these from Reception. We cannot get messages to students. If your child has forgotten their lunch or money for their lunch they will be able to get something from either of the refectories and the money spent can be paid back the following day.

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